

NEWS



Jackson County Health Department



Public Health
Prevent. Promote. Protect.

FOR IMMEDIATE RELEASE: December 11, 2009

For more information contact:

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H1N1 Clinics to Open for General Public on December 15, 2009

JACKSON COUNTY, IL – As of December 7, 2009, over 5,400 people who were most vulnerable have received H1N1 vaccinations at clinics held by Jackson County Health Department. **On December 15th we will open our H1N1 clinics to everyone. Anyone over age 6 months of age will be eligible to receive vaccine.** We thank everyone for their patience and cooperation while we focused on the most vulnerable groups.

Attention Parents: All children under age 10 will need to receive 2 doses of H1N1 vaccine and they are encouraged to come to any of the clinics listed below. The second dose should be received 28 days or more after the first dose.

Vaccine administered by Jackson County Health Department will be free of charge. We have received supplies of both nasal spray and injectable vaccine. We also have received preservative-free injectable vaccine. The nasal spray is preservative-free and contains a weakened live virus (similar to other vaccines such as that for measles, mumps and rubella). Nasal spray is recommended for healthy individuals 2–49 years of age. Vaccine is also available through some health care providers and will soon be at retail pharmacies. Sites other than JCHD may charge an administration fee for the vaccine.

If you are ill or experiencing flu like symptoms, we ask that you not come to the vaccine clinics. Vaccine is not treatment. For maximum benefit, you should wait until you are well to receive your vaccine.

If we must cancel clinics while we are waiting for more vaccine to arrive we will post this information at least 24-48 hours in advance. Updated information on dates, times and locations for H1N1 vaccine clinics will be available at 684-3143, ext. 517 and on our website at www.jchdonline.org.

Jackson County H1N1 Public Vaccination Clinics

Location/ Address/ Town	Day of Week	Date	Times
Jackson County Health Department 415 Health Dept Road (back building) Murphysboro	Monday	December 14 (Confirmed)	1 p.m. - 7 p.m.
H1N1 Vaccination Clinics on or after December 15 th will be opened to the general public.			
Jackson County Health Department 415 Health Dept Road (back building) Murphysboro	Tuesday	December 15 (Confirmed)	10 a.m. - 7 p.m.
	Friday	December 18 (Confirmed)	9 a.m. - 3 p.m.
	Monday	December 21 (Confirmed)	9 a.m. - 4 p.m.
	Tuesday	December 29 (Confirmed)	10 a.m. - 6 p.m.
	Tuesday	January 5 (Tentative)**	1 p.m. - 6 p.m.
	Friday	January 8 (Tentative)**	1 p.m. - 6 p.m.
Grand Tower Civic Center 602 Front Street Grand Tower	Friday	January 8 (Tentative)**	2 p.m. - 6 p.m.
Campbell Hill Community Center 213 South Dean Street Campbell Hill	Monday	January 11 (Tentative)**	2 p.m. - 6 p.m.
DeSoto Village Hall 210 West Lincoln DeSoto	Tuesday	January 12 (Tentative)**	1p.m. - 3 p.m.
Elverado High School 514 South 6 th Street Elkville	Tuesday	January 12 (Tentative)**	3:30 p.m. - 6 p.m.

(**based on availability of vaccine)

We are still seeing some H1N1 flu activity and are entering the time for colds and seasonal flu so please remember to take preventive measures and practice good hygiene to avoid becoming sick and spreading illness. To stay healthy, follow the three C's:

- Clean - Wash your hands frequently with soap and water or use an alcohol-based hand sanitizer, especially after coughing or sneezing.

- Cover - Cover your coughs and sneezes by coughing into your elbow, arm or sleeve instead of your hand. This practice can help prevent the spread of illness.
- Contain - Contain your germs by staying home if you are sick. Please stay home for at least 24 hours after you no longer have a fever without the use of fever-reducing medications. By staying home, you are helping to prevent the spread of the flu.

For additional information about H1N1 flu, log onto www.flu.gov or www.ready.illinois.gov or visit our website at www.jchdonline.org. You can also call the Illinois Flu Hotline for answers to individual questions at 1-866-848-2094 for English and 1-866-241-2138 for Spanish. The hotline is available 24 hours a day, seven days a week.

Attention Media:

Due to privacy concerns, media will not be allowed into the clinics without an escort. If you plan to visit a public clinic, contact Angie Bailey at 618-684-3143 (ext. 134) to arrange to have an escort meet you at the clinics. Thank you for your cooperation.

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